



Rediscover Your Core

Q1: What makes you smile?

Share your response below and include words to describe how you feel.

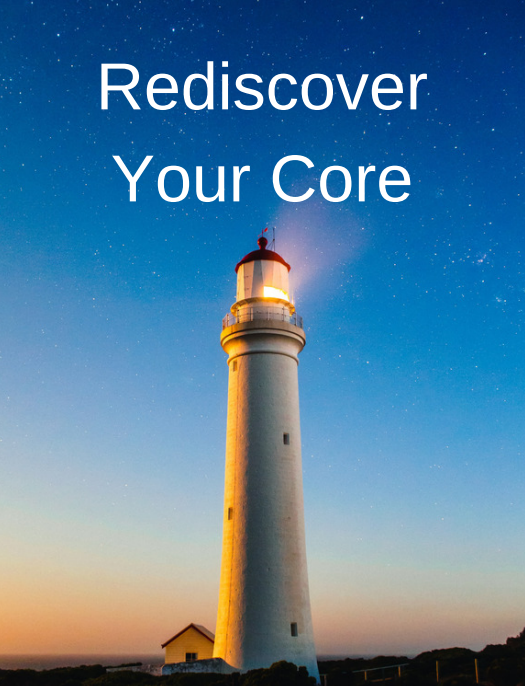
Q2: If you could have any superpower, what would it be and why?

Share your response below and include words to describe how you feel.

Q3: Describe one of your proudest moments in life and why.

Share your response below and include words to describe how you feel.

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VALUES / ENERGY WORDS

Write a minimum of 6 words.

VALUES

Are you living this
value now?
Y/N/S

1

2

3



INSPIRED ACTION

Which value will you strengthen in your life?

What will you do to strengthen this value?

When will you start? Who will be your accountability partner? How will you share your progress with your accountability partner? email / phone / meeting / text



#FEELIT #WORKIT #LIVEIT

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